Older Adult Classes

COMPUTERS: MICROSOFT WINDOWS SKILLS

Learn detailed instruction on the Windows Operating System. The "Hands-On" coaching will introduce you to the many features of this powerful program. This class will allow you to maximize the usefulness of your computer. A suggested donation of \$15 is due at the first class.

Rodgers Senior Center Computer Lab

Staff, Recreation

4801.201	50yrs +	4/07 - 4/28	9:00am-12:00pm	Th	\$6
4801.202	50yrs +	5/05 - 5/26	9:00am-12:00pm	Th	\$6
4801.203	50yrs +	6/02 - 6/23	9:00am-12:00pm	Th	\$ 6

COMPUTERS: MS WORD ESSENTIALS

Learn to create, save, retrieve, rename and delete documents. Learn text selection techniques, editing, cut/copy/paste, spell/grammar check and using Thesaurus. Learn to use important toolbars. A suggested donation of \$15 is due at the first class.

Rodgers Senior Center Computer Lab

Staff, Recreation

4802.201	50yrs +	4/06 - 4/27	9:00am-12:00pm	W	\$ 6
4802.202	50yrs +	5/04 - 5/25	9:00am-12:00pm	W	\$6
4802.203	50yrs +	6/01 - 6/22	9:00am-12:00pm	W	\$6

COMPUTERS: ORGANIZE YOUR COMPUTER ONCE & FOR ALL

Master the Windows filing system, clean up your hard drive, clean up and organize your desktop. A suggested donation of \$5 is due at the first class. Prerequisite: Windows Skills course, familiarity with the Windows environment and some experience using the Internet. Rodgers Senior Center Computer Lab

Staff, Recreation

4807.201	50yrs +	4/01 - 4/08	1:00pm-4:00pm	F	\$6
4807.202	50yrs +	5/12 - 5/19	1:00pm-4:00pm	Th	\$6
4807.203	50yrs +	6/09 - 6/16	1:00pm-4:00pm	Th	\$6

COMPUTERS: PICASA PHOTO ORGANIZING & MORE

Organize, edit, and share digital pictures using Google's free Picasa program. Learn how to import/export, and relocate pictures; improve color, lighting, crop, fix red eye and do other edits; share pictures via web albums, CDs, emails, print and much more. A suggested donation of \$10 is due at the first class.

Rodgers Senior Center Computer Lab Staff, Recreation

4806.201	50yrs +	4/15 - 4/29	9:00am-12:00pm	F	\$6
4806.202	50yrs +	5/20 - 6/03	9:00am-12:00pm	F	\$6



Sports Programs



YOUTH SPORTS

The City of Huntington Beach Youth Sports Program stresses the importance of teaching young people not only the rules and strategies of games but important lessons about life as well. Positive youth sports programs help young people develop confidence and self-esteem, help them learn to resolve conflicts peacefully, teach them ways to take care of their health and well-being, and help them develop skills for communicating with others. Coaches, spectators, families and participants are encouraged to be mindful that these programs are designed to develop the whole person, not just the athlete, and that sportsmanship is a required element of the City of Huntington Beach Youth Sports program.

PEE WEE SOCCER 3yrs to 5yrs 4/12-5/21

This six-week, non-competition introduction to soccer is a great way to start boys and girls off with a positive and fun learning experience in youth sports. Boys and girls will be introduced to the fundamentals of soccer through game based drills, hands on instruction and scrimmages. Program will take place under the lights at the central park sports complex on the artificial turf soccer fields! Each participant will receive a team shirt and all soccer equipment will be made available.

7725.200	Sports Complex	4:00pm-4:50pm	Tu	\$ 55
7725.201	Sports Complex	5:00pm-5:50pm	Tu	\$55
7725.202	Sports Complex	6:00pm-6:50pm	Tu	\$55
7725.203	Sports Complex	4:00pm-4:50pm	Th	\$55
7725.204	Sports Complex	5:00pm-5:50pm	Th	\$55
7725.205	Sports Complex	6:00pm-6:50pm	Th	\$55
7725.206	Sports Complex	9:00am-9:50am	Sa	\$55
7725.207	Sports Complex	10:00am-10:50am	Sa	\$55

JUNIOR SOCCER 6yrs to 8yrs 4/12-5/21

This six-week, non-competition introduction to soccer is a great way to start boys and girls off with a positive and fun learning experience in youth sports. Boys and girls will be introduced to the fundamentals of soccer through game based drills, hands on instruction and scrimmages. Program will take place under the lights at the central park sports complex on the artificial turf soccer fields! Each participant will receive a team shirt and all soccer equipment will be made available.

7726.201	Sports Complex	6:00pm-6:50pm	Tu	\$50
7726.202	Sports Complex	6:00pm-6:50pm	Th	\$50

SHOOTING STARS SOCCER 11yrs to 21yrs 4/16-5/21

Shooting Stars Soccer is an instruction/fun based soccer program for boys and girls with special needs between the ages of 11-21. Soccer equipment and protective gear will be made available for all program participants. Shooting Stars Soccer will be held at the Central Park Sports Complex on the artificial turf soccer fields.

7727.200 Sports Complex 11:00am-11:50am Sa \$50

No class May 30 — 31

Sports Programs

ADULT SPORTS

ARENA SOCCER LEAGUE

The City of Huntington Beach offers year round adult arena soccer leagues at the award winning Central Park Sports Complex. Games will be played on artificial sports turf under the lights starting the week of April 4, 2011. Team registration costs are \$400.00 per 8 week season plus referee fees (\$20.00) per game paid directly to the official by each team. League play will be 6 v 6 including the goalie. All teams must have uniforms with numbers. Registration packets are available at City Hall, on the City website (surfcity-hb.org) or by mail. For league information or to be placed on the individual players list, please call (714) 536-5486. The first day of registration will be March 1, 2011and the deadline to turn in team registration to City Hall is March 25, 2011.

6 v 6	Women's League - Open	Monday Nights
6 v 6	Women's League - Rec	Sunday Afternoons
6 v 6	Men's League - Open	Wednesday Nights
6 v 6	Men's League - Rec	Tuesday Nights
6 v 6	Coed League - Open	Friday Nights
6 v 6	Coed League - Rec	Thursday Nights

ADULT SLO-PITCH SOFTBALL LEAGUES

The Huntington Beach Community Services Department offers year round adult softball leagues for Men and Coed teams. The Summer season will begin the week of May 9, 2011 and continue for approximately eleven weeks. Men's teams play Sunday, Monday, Tuesday, Thursday or Friday. Coed teams play Sunday Wednesday, or Friday. Team registration costs are \$420.00 plus umpire fee. The umpire fee (\$15) is paid at each game directly to the umpire. Over 55 Senior Leagues are offered on Sunday mornings/ early afternoons and on Thursday nights. The fee for the Senior Leagues is \$200 per team, plus the \$15.00 per game official's fee.

Deadline for registration is Thursday, April 28, 2011. Late-Registration will be taken after the deadline if league space permits. All accepted late registration is subject to a \$25.00 late fee. Registration packets are available at City Hall, on the City website or by mail beginning March 28, 2011. Individuals who wish to join a team may call the Community Services Department at 714-536-5486 and will be put on an eligibility list made available to the team managers.

Registration information for the Fall 2011 season will be available in July for the season starting in Mid-August, 2011.



ADULT SIX'S VOLLEYBALL LEAGUE

Monday & Wednesday Nights 6:00-10:00 PM Winter, Spring, Summer & Fall Sessions

This program is designed to provide a structured, competitive volleyball league for players of various skill levels. New teams are evaluated and placed in an appropriate divisional level. We work with individuals to place them on just the right team. Three levels of Coed (3-men & 3-women) is offered on Monday nights. Advanced Women's League is offered on Wednesday nights. Games will be played at the City Gym. Each team must pay directly to the official a fee of \$12 before each match. Each match consists of three games. To enter a team or join an existing team, call the City Gym at (714) 960-8884 or Rics Volleyball (714) 375-5063.

City Gym Gymnasium Win Win, Promotions LLC **7900.201 Adult 6:00pm-10:00pm M W \$250**

MEN'S ADULT RECREATIONAL BASKETBALL LEAGUE

City Gym Gymnasium

Walker, Marty

Winter, Spring, Summer and Fall Sessions Basketball leagues are played on Sundays and are arranged by the overall skill level of each team to ensure competitiveness. Leagues are height restricted - 6'0" and under and 6'5" and under (with a 1" allowance). Each team is also responsible for a \$30 game fee each week to cover two officials and a scorekeeper/statistician. The last two game fees are collected with the registration fee as a deposit against forfeits. For more information please go to hoopsunlimited.com or call the City Gym and Pool at (714) 960-8884 for registration information.

7901.201 Adult 9:00am-5:30pm Su \$426

